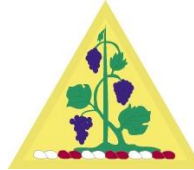




22 – 22 30 Dec 2022

Sounding Taps



CW5 (Ret) Glen E Crowell

https://www.dignitymemorial.com/obituaries/venice-fl/glen-crowell-11005079?utm_source=obit_alerts&utm_medium=email&utm_campaign=obit_detail&utm_content=view_updates_button

Governor Lamont Announces Reappointment of Commissioners and Agency Heads (HARTFORD, CT) – Governor Ned Lamont today announced that he will reappoint the following commissioners and agency heads to continue serving in their respective positions upon the start of his second term in office early next year...**Major General Francis J. Evon, Jr.** will continue serving as the head of the Military Department. Major General Evon was **reappointed by Governor Lamont in May of 2022** to serve another four-year term as adjutant general of the Connecticut National Guard and his position does not require reappointment at this time.

Today in Connecticut History

Big Things Happened. In This State. On This Date. (27 Dec 1955)

December 27: Hero of the 1955 Floods Receives Connecticut's Highest Honor.

In August 1955, Connecticut experienced some of the worst flooding in its recorded history after two major hurricanes — Connie and Diane — dumped between 20 and 30 inches of rain on the state in the span of a single week. All of the state's major waterways, including the Connecticut, Quinebaug, Farmington, and Housatonic... [Read More](#)

4 Good Things Retirees Can Look Forward to in 2023

Rising prices, a turbulent stock market, and concerns about a [possible recession](#) are leaving many older Americans stressed about their financial future in 2022. But it's not all doom and gloom. A few things to look forward to in 2023 include bigger Social Security checks and lower Medicare costs. Here are four things people approaching or already in retirement can look forward to in 2023....

[Biden Urges Veterans to Seek Health Benefits Under New Law](#)

NEW CASTLE, Del. — President Joe Biden urged military veterans on Friday to take advantage of new healthcare opportunities under legislation that he signed in August. He promoted the aid as he visited a Delaware National Guard facility named for his late son, Beau....

[How to Find Your Old Military Buddies After You Get Out](#)

From time to time, we here at Military.com get emails from veterans wanting to know how to contact their old military buddies....

[Retirees to Get a Second Chance to Enroll In or Opt Out of the Survivor Benefit Plan](#)

Military retirees who opted out of a valuable survivor's benefit when they left active duty will get a rare second chance to enroll thanks to a new rule in the 2023 National Defense Authorization Act. The same measure allows currently enrolled users to leave the program....

See How Bad Cold and Flu Symptoms are Near You. (Courtesy of WebMD) [Enter Your Location](#)

2023 Calendar of Events: (New events are in red)

Thu, 26 Jan 23 - Retiree Breakfast: Middletown**

Thu, 23 Feb 23 - Retiree Breakfast: Milford*

Thu, 30 Mar 23 - Retiree Breakfast: Middletown**

*0900 at Pop's Family Restaurant, 134 Old Gate Lane, **Milford**

0900 at the Athenian II Diner, 864 Washington St, **Middletown.

Help: Exploring the possibility of locating a restaurant in the eastern portion of the state for future Retiree breakfasts. Looking for one with a separate room that would hold 15 to 20. The New London Day recently had a supplement which covered restaurants/diners in this area. Several serve breakfast: **The Vanilla Bean Café**, Pomfret; **Sunny Side** Diner, Gales Ferry; New York Deli, Groton; Jakes Diner, New London and Olde Tymes Restaurant, Norwich. Please get back if you have any experience with these restaurants or any others in the area that would meet our needs.

New additions to the list

Groton Townhouse on Route 12 in Groton, before the Sub Base. We previously attended NGAUS military luncheons there. They treat you well and good food and reasonable. I believe they also give a military discount as it is a strategic place and plenty of parking. (Courtesy of Carol McKenna) **We'll be checking this out in the next couple of weeks.**

The Hangry Goose, 11 Halls Rd, Old Lyme, 860.434.2227. They have a separate room and everything [Hangry Goose](#) (Courtesy of Kevin McMahan) **We'll be checking this one out also.**

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